

Young Patient Journey

for Medsana's Young Person Weight Loss Program



Book

- Online
- Phone



Register

- Better Consult
- Questionnaire
- Patient Agenda



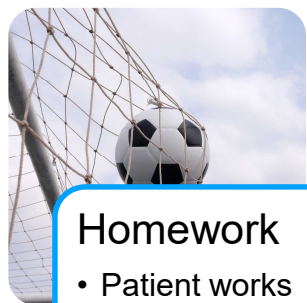
RN 20-30 mins Pre-Consult

- Check Questionnaire
- BP entries - allergies, medical history
- Key Questions to be answered by GP
- ADO-BED or Score the EDE-Q
- Weight, height, waist circumference, BP
- Body composition if available
- Set up in Valita



Doctors Initial Consultation(s)

- Review key questions to be answered
- Motivations for weight loss
- Review patient medications
- Review medical and surgical history
- Physical examination
- Stage obesity and development
- Refer for pathology or chase previous pathology (admin)
- Answer questions and discuss treatment options
- Consider anti-obesity medications if appropriate
- Decide on most suitable dietary intervention
- Identify future referrals e.g. sleep study
- Request GPMP/TCA if appropriate
- Communicate with regular GP as required
- \$75 (standard consults)
- \$125 (long consults)
- \$165 (extended consults)



Homework

- Patient works on Valita Goal Setting Booklet



RN Checkups

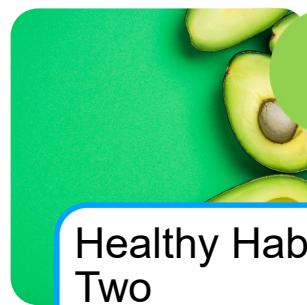
- Weigh
- Review
- Commence GPMP/TCA if appropriate



1

Doctors Consultation

- Review test results
- Review goals and plan
- 30 mins \$125
- Healthy Habit One



2

Healthy Habit Two

- Dietitian
- 30 mins \$85
- Date:



3

Healthy Habit Three

- Dietitian
- 30 mins \$85
- Date:



4

Healthy Habit Four

- Dietitian
- 30 mins \$85
- Date:



5

Healthy Habit Five

- Dietitian
- 30 mins \$85
- Date:



7

Healthy Habit Seven

- Exercise Physiologist
- 30 mins \$90
- Date:



6

8

Healthy Habit Six and Eight

- RN 30 mins
- Doctor 15 mins
- \$75-125
- Date:

Doctors Review Consultation(s)

- Review progress and plan for ongoing care
- Consider anti-obesity medications if appropriate
- Decide on most suitable ongoing dietary maintenance plan
- GPMP/TCA review if required at the 3-month mark
- Communicate with regular GP as required
- \$75 (standard consults) \$125 (long consults), \$165 (extended consults)