



CIRCLE OF SECURITY™

PARENTING PROGRAM ABBREVIATED

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Using the COSP™ model developed by the Circle of Security originators, our trained Facilitators work with parents and caregivers to help them to:

- **Understand** their child's emotional world by learning to read emotional needs
- **Support** their child's ability to successfully manage emotions
- **Enhance** the development of their child's self esteem
- **Honour** the innate wisdom and desire for their child to be secure

**All parents and
caregivers of children
0-12 years**

Small groups

**(child-minding service will
not be provided)**

**4 Weekly Sessions
(2 hours per session)**

Cost \$350 per person

Cost \$600 per couple

**(Includes 4 sessions &
workbook)**

Ms Dee Lim

(Registered Facilitator)

**GF103 Building 10
Freeway Office Park
2728 Logan Rd
Eight Mile Plains Q 4113
Ph: 07 3852 4878**

Book Online:

